



## FROM THE SCHOOL,

What a fortnight it has been! On the weekend we had the Lake Cargelligo Show and well done to Zoe Hayward on the fantastic display that was created for our school. We were fortunate to come away with the best Central School display. I am sure there were many other successes and it's great to see our little community supporting the event. Well done everyone.

Yesterday our 3-6 students along with Mr O'Brien, Miss Anderson, Mrs Hayward and Miss Dimity headed off for their 3-day excursion to the Dubbo Zoo. I am sure they will have a wonderful time and I look forward to hearing all about it when they return tomorrow.

As a school we work hard to provide many extra curricula activities for the students. Over the last few weeks our stage 5 have been busy lamb marking, some of our stage 2 students participated in the Trent Barrett Rugby League Carnival, the whole school celebrated Book Week & our senior students attended Preliminary Study Days at Condobolin High School. These activities do not run without the dedication of our staff, and I thank all our staff for providing such opportunities for our students. There will be plenty more extra curricula activities over the next few weeks with the Secondary Excursion in Week 10 and Year 6 Check - ins in Week 9. The SRC are holding a Glow Disco in Week 10 on Wednesday and our Transition Students are more than welcome to stay for the disco. More details about the disco are attached to the newsletter.

Good luck and best wishes to Jedd Turner who will be competing at the State Athletics carnival in Sydney this week. We look forward to hearing how he goes when he returns.

I would like to inform our parent body that this will be my last week for this term, and I will not be returning to school until week 2 next term. I am taking some leave to travel to Europe. Mr Brenton O'Brien will be stepping into the Principal's chair whilst I am on leave. If you have any concerns or questions, please direct them to Mr O'Brien during this time.

Just a reminder students need to be wearing their wide brim hat and should be bringing a water bottle to school every day.



# UP AND COMING EVENTS

	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>Week 8</b>	4 Primary 3-6 Excursion to Dubbo	5 	6 Kinder Transition  Sec State Athletics Carnival at Homebush	7 	8	9	10 Group 20 Premilinary Final
<b>Week 9</b>	11 Prelim Yearly Exams  Year 6 Check In Assessments	12  	13 Kinder Transition	14 Oli Townsend Concert @ Lake Cargelligo	15 Primary WR Athletics Carnival @ Dubbo	16	17 Group 20 Grandfinal
<b>Week 10</b>	18  Secondary Excursion	19 	20 Kinder Transition  SRC Glow Disco	21	22 <b>Last Day Term 3</b>	23	24
<b>Term 4</b>							
<b>Week 1</b>	9 Staff and Students return	10	11 Kinder Transition	12	13	14 Gymkhana	15
<b>Week 2</b>	16	17	18 Kinder Transition	19	20	21	22

# ASTHMA FIRST AID

## Blue/Grey Reliever

Airomir, Asmol, Ventolin or Zempreon and Bricanyl

Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma



**DIAL TRIPLE ZERO (000) FOR AN AMBULANCE IMMEDIATELY IF THE PERSON:**

- is not breathing
- suddenly becomes worse or is not improving
- is having an asthma attack and a reliever is not available
- is unsure if it is asthma
- has a known allergy to food, insects or medication and has **SUDDEN BREATHING DIFFICULTY**, GIVE ADRENALINE AUTOINJECTOR FIRST (if available), even if there are no skin changes, then use a reliever

**1**



**SIT THE PERSON UPRIGHT**

- Be calm and reassuring
- Do not leave them alone

**2**



**GIVE 4 SEPARATE PUFFS OF RELIEVER PUFFER**

- Shake puffer
- Put **1 puff** into spacer
- Take **4 breaths** from spacer
  - Repeat until **4 puffs** have been taken



If using **Bricanyl**, give 2 separate inhalations (5 years or older)

If you don't have a spacer handy in an emergency, take **1 puff** as you take **1 slow, deep breath** and hold breath for as long as comfortable. **Repeat** until all puffs are given

**3**



**WAIT 4 MINUTES**

- If breathing does not return to normal, give **4 more separate puffs** of reliever as above



**Bricanyl:** Give 1 more inhalation

## IF BREATHING DOES NOT RETURN TO NORMAL

**4**



**DIAL TRIPLE ZERO (000)**

- Say 'ambulance' and that someone is having an asthma attack
- Keep giving **4 separate puffs every 4 minutes** until emergency assistance arrives



**Bricanyl:** Give 1 more inhalation every 4 minutes until emergency assistance arrives



**ASTHMA AUSTRALIA**

1800 ASTHMA  
(1800 278 462)  
[asthma.org.au](http://asthma.org.au)

Supported by:



Translating and Interpreting Service  
131 450



**P&C Meeting**  
**Term 4- 23rd October.**

**Remember:**  
**Tuckshop orders**  
**need to be in by**  
**Tuesday!!**

	TUCKSHOP Roster Wednesday Term 3		PIE PATROL
2023	6 September	Katie Hickson	Hannah Prince
	13 September	Katie Hickson	
	20 September	Jess Ireland	
Term 4			
	11 October	Krystal Fyfe	Zoe Hayward

**PLEASE FIND YOUR OWN REPLACEMENT**



**Ted 6th September**  
**Kyron 8th September**  
**Lane 13th September**

*Happy candle-blowing, wish-making, cake-eating day!*





# RUSTY REWARDS

CONGRATULATIONS

300 RUSTY BUCKS



TOMMY



HEIDI



RORY



TYLER



CHLOE



DARCY

TERM 3

WEEK 6



# RUSTY REWARDS

CONGRATULATIONS

900 RUSTY BUCKS



IVY

300 RUSTY BUCKS



SAVANNAH



INDY

TERM 3

WEEK 7





# Merit Awards Week 6



Meg, Rory, Chloe, Savannah, Jax

# Merit Awards Week 7



Khloe, Chelsea, Isla, Abi, Billy, Indy, Alice, Savannah, Lexi, Rory, Ted



# TRENT BARRETT

KHLOE, ABIGAIL, SONNY AND ETHAN TRAVELLED TO GRIFFITH TO PARTICIPATE IN THE TRENT BARRETT GALA DAY. STUDENTS COMBINED WITH LAKE CARGELLIGO CENTRAL SCHOOL WHERE THE GIRLS PLAYED LEAGUE TAG AND THE BOYS PLAYED RUGBY LEAGUE. IT WAS A BEAUTIFUL SUNNY DAY WHERE THE STUDENTS HAD A LOT OF FUN MEETING NEW PEOPLE AND WORKING ON THEIR LEAGUE SKILLS.





# LOWER LACHLAN ATHLETICS

We had students represent TCS at the Lower Lachlan Athletics.

Congratulations to Sophia who was the Senior Girls Age Champion! Both Sophia and Isla, as well as our relay team will be going to Western Athletics in Dubbo on the 15th September.

Results:-

Ty- 3rd in the Junior Boys 100m

Abi- 3rd in the Junior Girls 1500m

Billy- 3rd in the 11Yrs Boys Shot Put

Sophia- (Senior Girls) 1st in the 100m, 1st in the 200m ,2nd in the 800m, 1st in long jump and 3rd in the high Jump.

Isla- (Senior Girls) 1st in shotput and 1st in Discus.





# TULLIBIGEAL NAIDOC DAY CELEBRATIONS



This NAIDOC Day we welcomed Luke Wighton a Wiradjuri elder from Wagga Wagga.

He started our day with an Acknowledgement of Country and a Smoking Ceremony



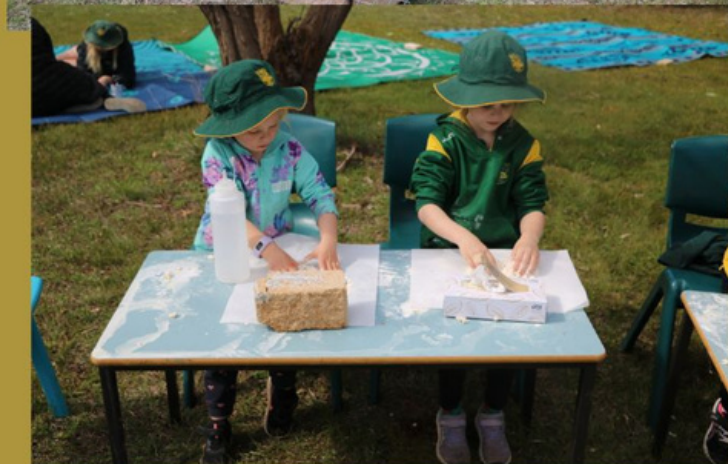




We made puzzles inspired by the NAIDOC theme 'For Our Elders' and created scratch art of native animals.



We had yarning time around the fire, made 'Johnny cakes' and did some beading.





0 READ, GROW, INSPIRE

# BOOK WEEK

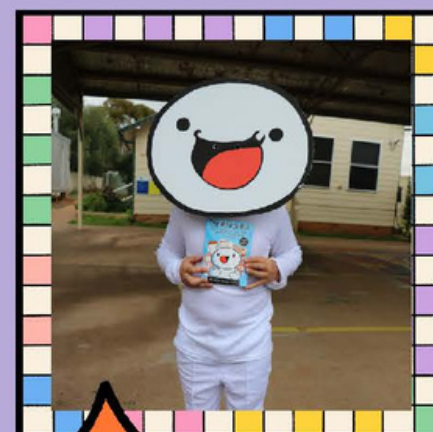
WEEK 7

Our students really got into Book Week this year!

We wore fantastic costumes, read awesome books and worked on crafts.

















# **GLOW PARTY**

ORGANISED BY THE SRC

**WEEK 10**

**WEDNESDAY**

**20TH OF SEPTEMBER**

STUDENTS ARE WELCOME TO  
WEAR WHITE OR NEON COLOURS

GLOW STICKS PROVIDED

12:30- 1:30 PM

**\$5.00 Party Bag**  
**available to purchase**

INCLUDES SNACKS  
AND EXTRA GLOW  
SUPPLIES

KINDER TRANSITION STUDENTS ARE WELCOME TO STAY  
AND CAN BE PICKED UP AT 2:00 PM

# Tullibigeal Central School

## Mobile Phone Policy



### Context

Mobile phones are a part of modern society and the school accepts that many students will possess mobile phones. However, teachers and students have a right to teach and learn in a classroom environment free from interruption by mobile phones and other devices. It is DoE policy that a staff member may confiscate any item including Mobile phones that directly disrupts the learning of the students.

Mobile phones in schools present a number of challenges. These include:

- mobile phones interrupting lessons and disrupting the learning of others;
- mobile phones disrupting examinations and assessment tasks;
- Theft, loss or damage of mobile phones;
- mobile phones possibly being used to contact outsiders who may attempt to enter the school illegally;
- Invasion of privacy through misuse of pictures/videos/voice recording and social media;
- Exposes staff or students to explicit or other inappropriate material;
- Issues revolving around bullying and cyberbullying (harass, threaten, abuse, vilify or embarrass other students or staff) through text messages, photographs, videos and online chat platforms;
- Prolonged use proven to have negative impact on physical and mental health including brain development.

### Policy

Mobile phones and other non-educational electronic devices are **banned** within the school premises, this includes classrooms, playgrounds, and corridors. Prior to entering the school grounds all Mobile Phones and Non-Educational Electronic devices must be switched off and out of sight. This includes all wired and unwired headphones and speakers. Medical exceptions may apply through school approved application.

We prefer that students do not have phones at school. However, we realise that students may be in possession of mobile phones for a variety of reasons and therefore the school has adopted the following policy.

- Students are to be discouraged from bringing mobile phones to school;
- Mobile phones must be handed into the front office and switched **OFF** all day;
- Students who have their mobile phone out will receive the following consequences:
  - o **Device seen or heard** – mobile phone will be confiscated by staff; parent/guardian will be notified and informed that if the phone is confiscated again, the phone will only be released to the parent/guardian and their child will be placed on a Formal Warning Monitoring Card with the HT. The student to collect their phone after the final bell and reminded that if their phone is confiscated again, the phone will need to be collected by their parent/guardian and they will be issued a Formal Warning Monitoring Card by the HT.
  - o **Repeated offence** – mobile phone will be confiscated by staff; parent/guardian will be notified, and the phone will only be released to the parent/guardian. The student will be placed on a Formal Warning Monitoring Card.
  - o **Failure to comply** – mobile phone will be confiscated by staff; parent/guardian will be notified, and the phone will only be released to the parent/guardian. The student will be placed on a Formal Caution of Suspension and student may be at risk of suspension.
- The school accepts no responsibility for mobile phones that are brought to school and **will not** investigate their loss or theft;
- mobile phones may only be used before and after school hours;
- Parents are not to contact student mobile phones during the school day;
- Where parent/caregiver needs to contact their child during the school day, they are to contact the school's front office on 69729105, and the school will assist in the most appropriate way.



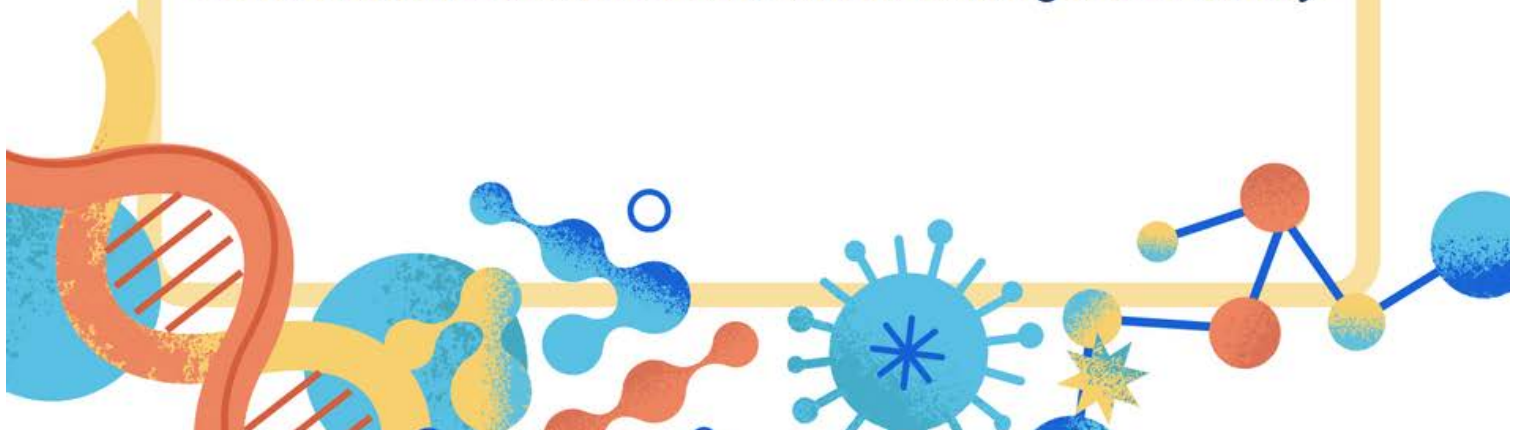


# VIRTUAL STEM ACADEMY

This term, Jordan, Jax and Chelsea have been working with The NSW Virtual Stem Academy.



The NSW Virtual Stem Academy is an enrichment program based at Murrumbidgee High School and enables students from across NSW to connect virtually to solve global, national and local STEM challenges while developing their collaboration, communication, critical thinking and creativity.





# We want to work with businesses within our school communities



## Work is available maintaining our schools

School Infrastructure NSW manages a large maintenance program for more than 2,000 schools across all parts of NSW. To do this work, we are looking to engage local businesses, including Aboriginal owned businesses and people.

## We want to go local

We have changed our approach. We are now directly managing our facilities and enlisted the support of new facilities maintenance contractors and tradespeople to work directly with us.

Why go local? We want to:

- be more responsive to maintenance issues reported by schools
- ensure we are working with local trades and spending our money in our local communities
- provide better working conditions for local tradespeople, including faster payment terms
- increase employment opportunities for apprentices and trainees in local communities.

## Opportunities for Aboriginal businesses

As part of our engagement of local contractors, we are also seeking to grow the number of local Aboriginal businesses we work with and increase employment opportunities for Aboriginal employees, apprentices and trainees.

Our Aboriginal Senior Program Officers are able to help Aboriginal businesses, and local contractors who already employ or are looking to employ Aboriginal employees, apprentices, and trainees.





## The trades and services we are looking for include:

- Plumber (including roof and gas)
- Electrician
- Lift Technician
- Refrigeration mechanic
- Glazier
- Hazmat
- Arborist AQ3 / AQ5
- Locksmith
- Cleaner
- Pest control
- Carpet / vinyl
- Data technician
- Security technician
- Painter
- Plasterer / renderer
- Tiler
- Landscaper
- Brick layer
- Fire management
- Sheet metal
- Concreter
- Removalist
- Playground specialist
- Pool technicians and cleaner
- Carpenters
- Gasfitters
- Test and tag
- Lighting
- Construction
- Gutter cleaning
- Equipment construction and maintenance
- Engineering
- Fencing services building and repair
- Roofing

## How can I participate?

We're looking for a wide variety of maintenance services and trades to work with us.

Reach out to our team to find out more and access the documents to apply to work with us.

On approval you'll be setup in our systems and onboarded, with induction covering how to work with us and use our systems. It's easy to work with us! Reach out using the details below.

## Get in touch

To register your interest please select a region below or email the relevant office:

Southern NSW Regional Office – [snsf.fmct@det.nsw.edu.au](mailto:snsf.fmct@det.nsw.edu.au)

South Western Sydney Regional Office — [sws.fmct@det.nsw.edu.au](mailto:sws.fmct@det.nsw.edu.au)

Sydney Regional Office — [syd.fmct@det.nsw.edu.au](mailto:syd.fmct@det.nsw.edu.au)

Western Sydney Regional Office — [ws.fmct@det.nsw.edu.au](mailto:ws.fmct@det.nsw.edu.au)

North Western NSW/New England Regional Office — [nwnsw.fmct@det.nsw.edu.au](mailto:nwnsw.fmct@det.nsw.edu.au)

Hunter Central Coast Regional Office — [hcc.fmct@det.nsw.edu.au](mailto:hcc.fmct@det.nsw.edu.au)

North Coast Regional Office — [nc.fmct@det.nsw.edu.au](mailto:nc.fmct@det.nsw.edu.au)

Northern Sydney Regional Office — [ns.fmct@det.nsw.edu.au](mailto:ns.fmct@det.nsw.edu.au)



# WOMEN'S HEALTH CLINIC Lake Cargelligo



Women's Health Nurses provide a free, confidential and culturally respectful service to women living in our region.

Services are provided to women by women.

Call **1800 654 324** to book your appointment.

## SERVICE

Women's Health Nurses are women who provide services for all women, with a particular focus on vulnerable women.

## WHERE

Lake Cargelligo MPS  
34 Uabba Street  
Lake Cargelligo NSW 2672

The Women's Health Nurse will be providing clinics in Lake Cargelligo which include:

- ☐ Cervical Screening Tests
- ☐ Breast Health Awareness
- ☐ Menopause/Pelvic Floor Education
- ☐ Contraceptive Advice
- ☐ STI Screening

## WHEN

**Tuesday 10/10/2023**

**Wednesday 11/10/2023**

## CONTACT

For an appointment with the Women's Health Nurse

Call 1800 654324



Artwork by Natalie William  
Commissioned for the MLHD  
Women's Health Nurses



**MURRUMBIDGEE**  
Local Health District







## TULLIBIGEAL SWIMMING POOL

2023 AGM

THURSDAY 7<sup>TH</sup> SEPTEMBER 2023

7PM AT COMMUNITY ROOMS

ALL POSITIONS OPEN

**PLEASE IF YOU USE THE POOL  
CONSIDER COMING AND POSSIBLY  
TAKING A POSITION SO THE POOL  
STAYS OPEN FOR ANOTHER YEAR**



## Town Centenary 100 Years Celebration

15th, 16th & 17th September 2023

Rankins Springs, NSW

For more information Contact Us via Facebook [f Rankins Springs Town 100 Years Centenary 1923-2023](#)

### CELEBRATION EVENTS

**Friday  
15th Sept.  
Night**

#### Night Official Opening

- 6.30pm - Official Opening: At the Rankins Springs & District War Memorial Hall.
- Guest speakers.
- 8.00pm - Film Showing: Filmed in 1953, *Rankins Springs is West*.

**Saturday  
16th Sept.**

**Full Day  
Celebration  
&  
Events**

#### All Day to Evening

- 8.00am - Breakfast: Catered by Rankins Springs Fire Brigade.
- Town Maps available - Displaying landmarks, current and previous buildings.
- 9.00am to 4.00pm - Historical exhibits: Showcasing local clubs and groups at the Hall.
- 10.00am to 12.00pm - Rankins Springs Public School: Open classrooms to visitors.
- 11.00am to 3.00pm - Bus tours to the Old Pub: Special thanks to landowners the Luelf family.
- CWA Building on Ninti Street: Serving Devonshire tea.
- Lunch - Food, Coffee and Ice cream vans. Marquee seating provided.
- Kids activities.
- 2.00pm to Late - Live music and more: At the Conapaira Hotel.
- 3.00pm - Time capsule commemoration: Celebrating 100 Years.
- 7.00pm - Fireworks: At night closing the day's activities.

**Sunday  
17th Sept.**

**Final Day**

#### Day to Afternoon

- 8.00am - Breakfast: Catered by Rankins Springs Golf Club.
- 11.00am - Church Together Service: All welcome to attend.
- Additional events and details still to be confirmed.

**100 Years of Rankins Springs Township book and other Merchandise  
will be for sale throughout the weekend.**

#### Caravan Parks

- Rankins Springs (02) 6965 1900
- Goolgowi (02) 6965 1900
- West Wyalong (02) 6972 3133
- Griffith Caravan Village (02) 6962 3785
- Griffith Tourist Caravan Park (02) 6964 2144

#### Local Accommodation

- Goolgowi Motor Inn (02) 6965 1138
- Westhale Travellers Motel (02) 6975 6193

#### Griffith Accommodation

- Bagtown Motel (02) 6962 7166
- Quest Griffith (02) 6969 2000
- The Kidman Wayside Inn (02) 6964 5666
- The Cern Hotel (02) 6913 5050
- Centrepont Apartments (02) 6960 2000



## CWA Education Grants

Applications open for CWA Education Grants on 1st August and close on 30th September annually. They will be considered at the November Executive Meeting each year and must be received at State Office no later than 30th September. No applications will be accepted after this date.

Please note: An applicant can only apply for one grant. Successful applicants may only apply every third year eg If successful in 2019 they cannot apply again until 2022.

Please contact the school for more details.



## POSITION VACANT

### Lifeguard

Applicants must:

- Have pool lifeguard license or equivalent.
- First aid certificate
- Be 16 years and over.
- Be available to work from early November to mid-March, weekdays 3:30-5:30pm and weekends 3-6pm weekends.

Duties will include:

- Active supervision of swimmers
- Cleaning of toilets, cement areas, BBQ area and the pools
- Minor grounds maintenance
- Provision of first aid when and where necessary
- Active communication with committee and public
- General cleaning duties

Please submit applications with certificates to

Hannah Prince

"Boreamble"

Tullibigeal NSW 2669

## Tullibigeal swimming pool

### Pool cleaner position

#### Job description

- Cleaning and maintenance of both large and small pool
- General maintenance to the pumps and cleaning equipment
- cleaning of cement areas and BBQ area
- Cleaning and maintaining the women's and men's toilets.
- Removal of rubbish and cleaning the bins
- Moving and watering to ensure the upkeep of the ground. Grounds to be always kept neat and tidy.

Any maintenance or repairs that cannot be repaired by the pool cleaner are to be referred to the committee to engage professional trades person. Any extra costs or purchase of equipment to be taken to a pool meeting.

Times of cleaning and maintenance are flexible.

Pool hours are from 3:30pm to 5:30pm weekdays and 3-6pm weekends.

Members can open the pool during other times.

#### Wage:

Wages will be \$25/h, average 10-15hrs per week. Tax will be deducted as per the Australian Taxation Office Schedule; Tax file number will be required.

Wages will be paid electronically and can be arranged between employee and treasurer on whether its weekly or fortnightly.

Position will start in September 2023.

Applications in writing are now open and will close on September 15<sup>th</sup> 2023.

Please submit to Hannah Prince @ "Boreamble" Tullibigeal NSW 2669



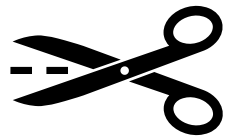
# Oli Townsend Memorial Concert

Thursday 14 September 2023

7pm @ the Memorial Hall,  
Foster St, Lake Cargelligo

Doors open 6:15pm. Entry is a gold coin donation.

Raffles will be running on the night.



## AUSTRALIA DAY CELEBRATIONS!!

Tullibigeal Progress association would like to hear from you.

Where would you like to have the annual Australia Day luncheon held?

☐

Hall

☐

Pool

☐

Park

Please put your vote into a box provided at the co-op



# MAYFIELD HOTEL NEWS



## Opening Hours:

Monday, Tuesday &  
Wednesday - 4pm  
Thursday & Friday - 3pm  
Saturday & Sunday - 12pm

**'BEST PUB IN TOWN'**

**-Peg & Lou**

**FRIDAY**

Friday Night Pub Grub 6:30pm to 8:30pm  
For bookings please phone **Lou - 0427 729 227**

**FRIDAY NIGHT RAFFLES** Keys for Cash & Meat Trays in  
aid of Tullibigeal Lakes United

**FRIDAY NIGHT SUPER CASH DRAW** drawn between 7pm &  
9pm. You must be registered & at the pub to claim if you are  
drawn out.

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**SATURDAY &  
SUNDAY**

**SATURDAY SYDNEY RACE TIPPING** \$5 Entry Fee Tips MUST  
be in before the first race - 7 Winner Jackpot \$1610

**SUNDAY LUNCH** - 12pm to 2pm

**1st SUNDAY OF THE MONTH** - Roast of the Day plus  
Dessert

**EVERY OTHER SUNDAY** - Take Away Menu



## TULLIBIGEAL CO-OP & AUSTRALIA POST

The co-op offers a range of goods and services including:

- Postage & collection of mail
- Groceries
- Deli
- Frozen goods
- Meat supplied by Ungarie Butchery
- Hardware
- Magazines
- Giftware & Cards
- Confectionery & cold drinks
- Fresh chicken from Steggles
- Bedding
- Ice available

### DELIVERIES

Milk - Tuesday, Friday

Fresh Fruit & Veggies - Tuesday Afternoon

Fresh Chicken - Thursday

Fresh salads -Wednesday

Fresh meat from the Butchers everyday

For any specials or updates, please see our Facebook page

@Tullibigeal Coop

Co-Op: (02) 6972 9107

Post Office: (02) 6972 9283

SHOP LOCAL - USE IT OR LOSE IT

**OPENING HOURS:**  
Mon-Thurs:  
9am to 5pm  
Friday:  
9am to 5.30pm

### HALL BOOKINGS

For bookings and  
key collection for  
Tullibigeal  
Hall contact:

**Lisa Bendall**  
**0429 000 610**

### BOOK EXCHANGE DEPO

Located at  
Community Centre  
in the cupboard on  
the verandah.

**TULLIBIGEAL CWA**

### COMMUNITY CENTRE (RSL)

Bookings can be  
made with

**Janelle Ireland**  
**02 6972 9212**

### CWA ROOM HIRE

Bookings are to be  
directed to:

**Fay Bendall**  
**02 6972 9243**